



Australian College of Classical Yoga  
32 JENNER ST. BLACKBURN STH

## Yoga for Children Weekend Workshop

Saturday August 21, 2010 | 10.30am - 5.30pm &  
Sunday August 22, 2010 | 12.30 - 5.30pm

This workshop is designed to help Yoga teachers and trainees learn more about the unique aspects of delivering yoga programs to children, and manage working with children and their parents.

Involvement in this two day workshop consists of:

- Lecture style delivery of aspects of children's development,
- Ways children learn and principles of teaching children,
- Practical participation in small group tasks and brainstorming complex scenarios,
- Developing class plans,
- Practice delivering sections of "yoga for children" classes.

### The facilitators:

This workshop will be conducted by Judy Johnston and Sally Dawson who both have a Diploma of Classical Yoga from ACCY.

Judy brings over twenty years experience in the field of Early Childhood Education as teacher, lecturer and consultant. She currently delivers Parent Education programs across the Geelong and South West Coast, and runs Bellarine Classical Yoga Studio.

Sally currently teaches Asana and Anatomy for the Diploma of Classical Yoga and also co-developed the ACCY Postgraduate Yoga Teacher training course. Sally runs Waverley Yoga Studio and teaches children's yoga in the school holidays.



### Location

6 The Highway  
Mt Waverley

**Fee:** \$195

Deposit of \$100 due by July 18  
to secure your place.

**Yoga teachers:** This course  
earns you 11 YTAA CPD points

**Enquiries and Bookings:** Robert 9833 4050 or  
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