



Monday

10am - General Yoga with Sarasvati

6.15pm - Yin Yoga with Andrea

7.30pm - General Yoga with Sarasvati

Tuesday

9.15am - General Yoga with Sarasvati

2pm - Renew & Restore Yoga with Lil

6pm - General Yoga with Lil

7.45pm - General Yoga with Karen

Wednesday

10am - Mindfulness Yoga with Susie

6pm - Slow Flow Yoga with Danni

7.30pm - General Yoga with Danni

Thursday

10am - General Yoga with Lil

6pm - General Yoga with Danni

Friday

9.15am - General Yoga with Danni

11am - Renew & Restore Yoga with Danni

Saturday

8am - Rise & Shine Yoga with Jivana

10am - Community Yoga (\$10)
Most Saturdays - check dates.

Sunday

9.30am - Meditation with Sarasvati

10.30am - General Yoga with Sarasvati

Notes

Casual Rate: \$25

10 Class Pass: \$170
\$165 when you renew

Unlimited Passes:
1 month Pass: \$160
3 Month Pass: \$395
6 Month Pass: \$700
1 Year Pass: \$1090